*Working alongside the five GP surgeries in
Street, Glastonbury and Wells*

**Equipment to help you**

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**Mendip Integrated Health & Wellbeing**

**West Hub**

***Equipment to help you***

There is a wide range of equipment and technology available that you can use in the home or when you are out and about to make life easier and help you keep safe and independent. This includes helping you move around the home, get in and out of the bath or help you contact someone for support.

Some equipment can be obtained via Adult Social Care or the NHS. Alternatively, equipment can be purchased privately.

**Private Purchase**

This is not an exclusive list and we are not recommending these shops.

Pieces of equipment can be privately purchased to aid your independence. There are numerous online shops, or same high-street shops available in Street, Wells and Shepton Mallet:

* Mendip Mobility: 146 High Street, Street, Somerset, BA16 OER, 01458 448355
* Oakville Mobility: 32 St Cuthbert Street, Wells, Somerset, BA5 2AW, 01749 670765
* Life and Mobility Solutions; Haskins Retail Park, Shepton Mallet, BA4 5AX, 01749 343131
* [**www.medequip-uk.com-self-care**](http://www.medequip-uk.com-self-care)

**Red cross Mobility Aids Service - 01823 273746**

The Red Cross loan toilet aids and wheelchairs to support people in the UK. Toilet aids include commodes, raised toilet seats, toilet frames and combined toilet frames with raised seat, Wheelchairs include self-propelled wheelchairs, transit wheelchairs (attendant propelled), bariatric wheelchairs and wheelchair accessories.

**Adult social Care - 0300123 2224**

If you have a long-term mobility issue or disability and require equipment or house adaptations, you can contact Somerset Direct on 0300 123 2224 to discuss your options.

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***Equipment to help you***

**Somerset Independent Living Centres (SILCs) - 0300 123 2224**

Independent Living Centres have a range of equipment and technology to help you stay independent, both in the home or when out and about.

There are two Independent Living Centres in Somerset (Shepton Mallet and Wellington) where you can get advice, find out what kind of equipment is available, and even try some out for yourself. It's free to visit, but you'll need to make an appointment first. To book an appointment for an Independent Living Centre, please phone **0300 123 2224**.

If you are eligible to be provided with equipment from our community equipment service, an order is made so that you can collect it straight away, or it might be delivered if necessary. If it is agreed that you need follow up Occupational Therapy home visit, this can be arranged.

**Community Rehabilitation Service (CRS) - 0300 124 5602 (opt 2)**

CRS focus is on helping you to regain any lost skills and increase your levels of independence and well-being. CRS may be able to provide pieces of equipment as part of a mobility or falls assessment to help you to retain your independence. Or they may be able to provide equipment on a temporary basis to aide your rehabilitation following an operation or illness.

**Somerset Village & Community Agents - 01823 273 746**
Village end Community Agents provide confidential, practical community-based solutions for you, wherever you are in Somerset. Village Agents *may* be able to assist with alternative options for sourcing equipment, to contact your local agent, call **01823 331 222** or online at **www.somersetagents.org**.

**For further assistance please contact the Integrated Health and Wellbeing Hub, details overleaf. There may be some grants available for equipment purchases.**

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| Mendip IntegratedHealth & Wellbeing - West Hub Contacts |
| HUB Navigators - information, advice and guidance to health and wellbeing | Care Coordinators and Link workers | Discharge Reviewer - triage of hospital discharges | **01458 553 025** |
| Health Connectors - social prescribing and heath coaching | **01373 468 368** |

The Mendip Integrated Health and Wellbeing Hub works alongside the five GP surgeries in Street, Glastonbury and Wells.

The Hub is staffed 8.30am until 4.30pm Monday to Friday (\*excluding Bank Holidays) and consists of:

* Navigators / Admin (information, advice, and guidance)
* Care Coordinators / Link Workers (supporting people with dementia, cancer, complex health conditions or living in a care home)
* Discharge Reviewer (Triage of hospital discharges)
* Social Prescribers (Health Connectors)
* Health Coaches (Health Connectors)

**The Hub is overseen by a Registered Nurse (Office Manager).**

**The Mendip Integrated Health & Wellbeing Hub**
c/o Vine Surgery, Hindhayes Lane, Street, Somerset, BA16 OET. **Tel:** 0145B 553025
**Email:** westmendip.symphony@nhs.net **Website:** yourhealthandwellbeing.org.uk

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